# TARSAR MARSAR

# 6 NIGHTS/ 7 DAYS

TREK





- Alpine Lakes: Explore three stunning alpine lakes— Tarsar and Marsar, known for their vastness, and Sundersar, which exudes the tranquility of the moon.
- Hassle-Free Travel: Enjoy organized transportation from Srinagar to Aru and back, ensuring you can focus on enjoying the adventure without logistical concerns.
- Scenic Campsites: Experience spacious and peaceful campsites beside river streams at Tarsar Lake, Lidderwat, Shekwas, and Homwas. Here, you can fully immerse yourself in the quietude of nature.
- Delicious Meals: Indulge in wholesome vegetarian meals throughout the trek, with breakfast, lunch, evening tea, and dinner provided daily to keep you energized.
- Lush Meadows: Wander through picturesque, wavy meadows dotted with shepherd huts and river streams, offering serene views throughout the trek.
- Expert Guidance: Trek confidently with certified guides who provide local insights and ensure your safety, enriching your experience of Kashmir's landscapes.



Day 02: Aru – Lidderwat Day 03: Lidderwat – Shekwas

Day 04: Shekwas – Tarsar Lake

Day 05: Tarsar Lake – Sundersar

Day 06:

Sundersar to Homwas via Marsar Lakes

Day 07: Homwas – Aru – Srinagar



July

Sunday - 7th ,14th ,21st, 28th

August

Sunday - 4th, 11th, 18th, 25th

September

Sunday - 08th, 15th, 22nd, 29th





#### Day 1 - Depart from Srinagar and drive to Aru.

Altitude: 2,426m Driving Time: 3.5 hours

- The drive from Srinagar to Aru takes about 4 hours via NH1 Highway, passing through Pahalgam.
- Aru, renowned for its scenic beauty and as a base camp for treks like Tarsar Marsar Trek, welcomes you with a campsite and a welcome drink.
- Your trek leader will brief you on the journey ahead.
- Dinner will be served at 7 pm amidst the valley's charm.



Day 2 - Trek from Aru to Lidderwat, traversing through picturesque landscapes.

Altitude: 2,426m to 2,780m Distance: 11km

 Today's 11 km trek begins with a gentle ascent through dense jungle for 30 minutes, passing

shepherd huts and glimpses of deep gorges.

- The trail opens into wide meadows with river crossings alongside the Lidder River, sourced from Tarsar Lake.
- After crossing a bridge near a wooden hut, you'll reach the Lidderwat campsite to relax with evening snacks and drinks amidst the serene surroundings.



Day 3 - Continue onward to Shekwas campsite, encountering diverse terrain along the way.

> Altitude: 2,780m to 3,360m Distance: 6km

- Today's trek starts with an ascent offering wide views of Lidderwat Valley.
- The trail winds through forest and alongside the Lidder River, opening into meadows filled with wildflowers.
- Cross the river on a log bridge at Homwas, where you can relax amidst stunning scenery.
- Watch for shepherd houses and Silver Birch clusters before reaching the campsite near Shekwas, after navigating a careful boulder section.



#### Day 4 - Proceed to Tarsar Lake campsite, surrounded by breathtaking mountain vistas.

Altitude: 3,360m to 3,790m Distance: 5km

 After breakfast, head towards Tarsar Lake on a moderate gradient trail dominated by boulders and

rocky sections. Follow alongside the river with occasional crossings over wooden bridges.

- Pass shepherd houses where you may meet friendly locals with their flocks. Traverse small ascents and descents through meadows surrounded by mountains.
- As you approach, marvel at the stunning almondshaped Tarsar Lake, one of Kashmir's most beautiful alpine lakes. Set up camp for the night and soak in the lake's mesmerizing beauty.



### Day 5 - Trek to Sundersar Lake, soaking in the tranquil surroundings.

Altitude: 3,790m to 3,945m Distance: 5 km

Today's trek begins with a moderate gradient,

starting with a steep ascent to Tarsar Pass, offering stunning views of Tarsar Lake from the ridge.

- After a careful descent and a boulder crossing, you'll enter Silent Valley, a serene meadow with lush grass and small streams.
- A short ascent and descent lead to the Sundersar campsite, where you'll spend the night.



Day 6 - Explore Marsar Lakes, camp at Homwas, and relish the serene beauty.

Altitude: 3,945 m to 3,505 m via Marsar Ridge 4020 m Distance: 9km

 From your camp, a half-hour walk leads you to the stunning Sundersar Lake.

- To reach Marsar Lake, ascend Marsar Ridge for another 30 minutes to reach a flat area.
- From there, enjoy the serene Marsar Lake at 4020m altitude.
- Return via Sundersar Lake, descending through meadows and boulders to Homwas.



## Day 7 - Descend back to Aru, and return to Srinagar

Altitude: 3,505 m to 2,426 m Distance: 13km

- On the final day of the trek, you'll retrace the long trail back through Lidderwat, following the familiar route you took from Aru on the first two days.
- The trek concludes where it began, in Aru.
- From Aru, arrange for a cab to Srinagar for your onward journey.



Accommodation: Stay in alpine and dome camps on a triple sharing basis, providing a cozy and secure shelter for the duration of the trek.

Meals: Enjoy wholesome vegetarian meals from the first night's dinner to the last morning's breakfast, including bed tea, breakfast, lunch, evening tea with snacks, and dinner. It's a chance to refuel and recharge after each day's adventure.

**Trek Guide**: Benefit from the expertise of a professional and experienced certified trek guide who will lead the way, ensuring your safety and providing valuable insights into the trekking route and surroundings.

**Transportation**: Hassle-free transportation is provided from Srinagar to Aru and back, ensuring a smooth and convenient journey for all participants.



**Personal Expenses**: Any expenses not specified in the inclusions are not covered, including personal purchases, souvenirs, or any emergency expenses that may arise during the trip.

**Personal Trekking Gear**: Participants are responsible for bringing their own trekking gear, such as trekking poles, shoes, ponchos, gloves, warm caps, bags, and jackets. These items are essential for comfort and safety during the trek.

Mules or Porters: If participants require assistance with carrying personal luggage, mules or porters can be arranged at an additional cost. However, this service is not included in the package.

**Insurance:** Insurance is not included in the package; however, it can be arranged separately for an additional cost.



**Environmental Responsibility**: Participants are expected to adhere to strict environmental guidelines, including avoiding littering during the trek to preserve the natural beauty of the surroundings and keep the environment safe and clean.

**Alcohol Consumption**: Consumption of alcoholic beverages is prohibited during travel and trekking activities. This rule is in place to ensure the safety and well-being of all participants during the journey.



ADD ONS

Offloading/ Porter Service	2800 Per Bag
Insurance	499/-



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BOOKING PROCESS

Our participation process is very simple. You may book online to reserve your seat or call us at <u>7827956056</u> between 09:00 AM to 09:00 PM on any working day. Alternatively, you may email us at info@internationalyouthclub.org for booking and assistance.

To book your seat, kindly make a payment of Rs.2,500/- per person.

You may Book Offline through NEFT or Direct Transfer by making the payment in the below bank account: Account Name: International Youth Club Account No.: 50200065659460 IFSC Code: HDFC0000043 Account Type: Current Branch Name: Saket, New Delhi

#### GSTIN 07AADCI7347G1ZH || PAN AADCI7347G

\*While booking check-out our EMI options on your Debit and Credit Card.

You need to email NEFT/Transfer/Proof of deposit details at info@internationalyouthclub.org along with Expedition Name, Date of Reporting, Participant's- Name, Mobile, Email, DOB, City and Gender in order to send you the confirmation within 48 working hours from our side. CALL 7827956056 or Email at info@internationalyouthclub.org for bookings and reservations.

\*\*The Amount will be forfeited in case of delay in payment according to the schedule.



#### **Payment Policy:**

For Ground Package

Booking Advance : Rs.2,500/-20 Days before date of departure: 50% of Total Cost 10 Days before date of departure: 100% of Total Cost

Important: The booking stands liable to be canceled if 100% payment is not received less than 10 days before the Date of Travel. The received amount will be forfeited.

For Flight Tickets 100% Amount of flight tickets at the time of flight booking. Any rescheduling, cancellation, and refunds of flight tickets shall be as per respective airlines rules.

#### **Cancellation Policy:**

We would love to host you, but in case you are unable to travel as planned and need to cancel your booking, do not worry. Our simple cancellation process makes sure you receive a quick confirmation and fast Credit Voucher.

Cancellation made within 30 to 15 Days from the Date of Travel – Credit Voucher worth 50% of Paid Amount

Cancellation made within 15 Days from the Date of Travel – No Refund on the Paid Amount

#### **Rescheduling Policy:**

In case you are unable to travel as planned and need to reschedule your date of travel:

Before 15 Days from the Date of Travel - One-time Complementary. Within 15 Days from the Date of Travel - The cost of rescheduling needs to be paid by the guest subject to amendment charges from hotels and transporters.

Rescheduling will only be accepted on Email at ankit@internationalyouthclub.org



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